Keep Indoor Air Clean During Smoke Events

During fire season in Central Oregon, it's important to protect your health from smoke exposure. The following list are things you can do to keep indoor air clean during periods of elevated wildfire smoke:

☐ **Check the air quality index (AQI) daily** to plan your activities around periods of elevated smoke. Visit CentralOregonFire.org for more information about air quality.

☐ **Change HEPA filters in your HVAC (with Minimum Efficiency Reporting Value 13 or higher) or DIY box fan air filter frequently during smoke events.** Visit Deschutes.org/Health/Page/indoor-air-quality-iaq for instructions on building a DIY box fan air filter.

☐ **Recirculate air going into home/business and car air conditioners during smoke events.**

☐ **Stay in a clean air room during periods of elevated smoke** with sealed windows and/or doors to prevent outdoor smoke from entering. Add an air purifier or DIY box fan air filter, and make sure the room is free of particulate causing activities like cooking or frying foods, smoking, vacuuming, burning candles or incense, and using aerosol sprays.

☐ **Keep doors and windows of cars and buildings sealed and closed during periods of wildfire smoke.**

☐ **Mop or wet dust surfaces to remove particulates that could get back in the air.**

☐ **Use an air purifier and run a humidifier in your home during smoke events.**

If the air in your own home gets too smoky, consider doing the following to protect your health:

☐ **Stay with a friend or relative that is not near the fires.**

☐ **Dial "211" to find out where cleaner air centers are located and stay there during periods of elevated smoke.**

☐ **Have your evacuation bag ready for leaving at a moment's notice.** Make sure to include a supply of any medications you may need.

☐ **Implement your plan for protecting your health at each evacuation level.** Deschutes County evacuation levels can be found at CentralOregonFire.org/wildfire-smoke-air-quality-maps-2/

Visit CentralOregonFire.org for information about protecting your health this fire season.